

E-NET PHILIPPINES REPORT YAR COVID FOLLOW-UP ACTION PROJECT



Last May to July 2020, three youth organizations – two in Quezon City, Metro Manila and one in Capul, Northern Samar – were involved in “Youth-led Action-oriented Research (YAR) on the Impact of COVID-19 on Marginalized Youth”. They documented twenty-five (25) stories of the marginalized youth as primary data focusing on how they have coped-up with the pandemic. They classified the issues they are facing into economic, health, social, and education aspects and consequently put forward their recommendations regarding these during and beyond lockdown. Completed print and video documentations of the stories and a terminal report were submitted to ASPBAE.

E-Net facilitated a follow-up online consultation to these youth groups on what are the urgent activities the needed to do in their respective community with the opportunity ASPBAE is providing additional grant of USD 1000. The following were the activities they have identified:

1. The **Youth for Nationalism and Democracy (YND)** conducted a Psychosocial Support Activity using the art as a tool in Barangays Bagbag and Holy Spirit, Quezon City to help young people cope-up with the impact of the pandemic and provide them a platform to establish support system among them. Around 20 youth have participated in this activity using blended learning modality. In Bagbag, 10 youth gathered for a face-to-face session observing health protocol while in Holy Spirit it was done through online learning.

2. The **Safe Cities Youth Theatre Advocacy Group (SCYTAG)** in Barangay Commonwealth, Quezon City held a webinar series on “Sex Education: A Social Need of the Youth” via Zoom that included the discussion on the importance of sex education, sexuality, Sexual Orientation and Gender Identity Expression (SOGIE), and awareness on the prevention of sexually transmitted diseases to address the issue on the increasing number of teenage pregnancies in the community during lockdown. About 15 youth-members of SCYTAG attended the webinars.

3. The **Sentro ha Pagpauswag ha Panginabuhì (SPPI)** in the island of Capul, Northern Samar did face-to-face trainings on Reproductive Health Care and Child Rights since this pandemic had exposed the children and youth to violence ranging from physical punishment and abuse to online sexual exploitation. Likewise, they were forced to work to augment family finances whose parents have lost income throughout the lockdown. Probability of pregnancy among teens is also alarming which was a subsequent effect in time of disasters, pandemics, and other crisis situations. This unhealthy situation calls for immediate intervention to ensure the protection of the children and youth in any form of abuse and violence, and prevent the prevalence of teenage pregnancy.

These activities were done in October to December 2020. The three organizations submitted their reports, which were collated by E-Net youth focal person.

I. YND: Psychosocial Support Activity

Youth for Nationalism and Democracy Youth Led-Action Research Activity	
Title of the training	Psychosocial Support for the Community Youth in Bagbag and Holy Spirit, Quezon City
Objectives of the training	<ol style="list-style-type: none"> 1. To provide young people a platform to establish support system among their peer to help them cope-up with the impact of the pandemic 2. To create safe spaces to the youth and strengthen the connection to each other toward empowering them.
Date	December 15, 2020
Number of participants (women, men)	10 participants (7 women and 3 male)
Methods of training	Group dynamic activities/play and art
Modality of training (online, face-to-face, etc.)	Face to face
Speakers/Facilitators	Facilitators: Rosanna Villegas Kervin Mangayan Christnah Zonio

Program of Psychosocial Support Activity for Bagbag

Time	Activity	Methods	Facilitator
8:00-8:30	Registration		
8:30-9:00	Exercise		Sangie
9:00-9:30	Getting to Know You	Facilitator: 1. The participants made a big circle. 2. They introduced themselves by saying their ... a. Name b. Age c. Grade level in school d. If not in school, are they working? What they are doing right now? d. They gave one word that best describe them. e. They acted a body movement that symbolize them. Note: The participant in turn imitated the body movement acted by the previous participant before s/he introduced her/himself.	Kervin

9:30-10:00	Group Dynamic Workshop House, Person, Typhoon	Participants were grouped into three. Each group demonstrated house, person, or typhoon using their bodies depending on what the facilitator said.	Sangie
10:00-10:20	Lakad Rosa	In a circle, following a set of steps and jumps while singing “Lakad- Rosa” (Walk like Rosa) the participants walked slowly and then faster. A word in the song was omitted after each turn until they did the steps without the Lakad-Rosa song.	Christnah
10:20-10:40	Newspaper Collage	Each group chose a “photographer”. A photo from the newspaper was shown to photographer. After 20 seconds, s/he acted the photo shown to her/him. Her/his groupmates guessed what the photo was.	
10:40-11:00	Our Dream Community	Participants were grouped into 3 and as a group they drew their dream community.	Kervin
11:00-11:30	Human Emotions	The facilitator showed human emotions and participants acted it out.	Christnah
11:30-12:00	Relaxation Exercise		Sangie
1:00-1:30	Story telling	Participants shared their thoughts about their family and experiences in online classes, and everyday life during this pandemic.	Sangie/Patria
1:30-2:00	Amazing Race	Pulubing Bumbero (Mendicant Firemen/women) The group filled the pail with water using their hands. They were allowed to go to the next station after they have filled the pail with water.	Kervin
		Mulmuron Three members of each group ate polvoron (powdered sweets) and sung a song.	Christnah
		What did you say? (Charade) Each group chose a leader that acted education-related words that her/his group members guessed what was it. The group that gained the highest points was the winner.	Patria
2:00-2:30	Final Release: Stress, go away (Ayaw ko na Sa Iyo)	Participants formed a circle and took a few minutes relaxation exercises. They were asked to reflect on the situation told by the facilitator.	Sangie
2:30-3:00	Now, here we are	Take away and reflection from the activity.	All
3:00-5:00	Swimming time		

Summary

The activity aimed to create a safe space for young people to be able to express themselves. Also, to develop their skills and promote unity among their community. At first, most of the participants were shy but when the group activities started, they were able to share their talents and released the tensions. The group sharing and storytelling helped the participants in expressing their experiences and thoughts in online classes, worries about their everyday life, and fear of what's happening in social media.

In the end, all of the participants enjoyed the activity. Some of their reflections are:
“Natutuwa dahil nakalabas at nakakaramdam ang pagiging malaya” – Happy because I was able to go outside and feel that I am free.

“Na-express ko ang saloobin ko na hindi ko nasasabi sa magulang” – I was able to express my feelings that I can't say to my parents.

“Gusto kong tumulong sa nanay ko pero hindi ko magawa dahil hindi ako makahanap ng trabaho at walang tumatanggap.” – I want to help my mother but I can't find a job.

After the activity, some of the proposals were:

- Create a group chat for their continuous communication;
- Hold face-to-face sharing of their problems in schools, love life or family matters; and
- Hold another activity similar to this one.

Suggested activities:

1. Reach more young people through psychosocial support activity;
2. Create a support system within the community and one common place where they can meet;
3. Learn about the lessons in schools and challenges in the community together.









II. SCYTAG: “Sex Education: A Social Need of the Youth”

Activity Completion Report (ACR)

I. IDENTIFYING INFORMATION	
A. Implementing Organization	Safe Cities Youth Theater Advocacy Group
B. Title	SEX EDUCATION (A social need!)
C. Date	November 24, 2020 (1 to 4pm)
D. Venue	Webinar via Zoom
E. Objectives	<p>There was an observation in the community that the number of pregnancies has risen since lockdown. This was an issue for the youth. The main objective of the comprehensive sexuality education was to discuss to the participants the information, capabilities, demeanors, and values that will enable them to:</p> <ul style="list-style-type: none"> • Determine their well-being and dignity; • Develop awareness social and sexual relationships; • Realize how their choices influence their well-being and of others, too; and • Guarantee the security of their rights all throughout their lives.

The screenshot shows a Zoom webinar interface. At the top, there are two hashtags: #Labankoto and #StopHIV. Below them are two bullet points in Tagalog:

- Sa paaralan maaring pag-usapan ang HIV (Teachers and Students)
- Sa paaralan hinuhubog ang pag-uugali ng mga mag-aaral... pagiging responsible at kakahayan ibahagi ang tamang impormasyon (Maliit na Komunidad)

 In the bottom left, there is a slide titled "JAN 2019" with the following statistics:

- 3,076 reported cases (2,784 Males | 292 Females)
- 42 cases everyday
- 15-24 y/o = 470 cases
- #1 mode of Transmission → SEX

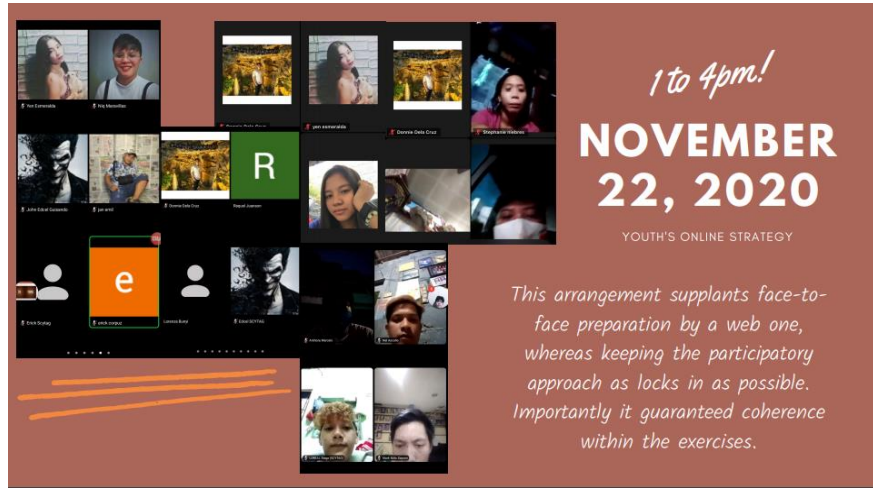
 The Zoom interface includes a "Leave" button at the top right, a "Unmute" button at the bottom left, and a "Start Video" button. A small video thumbnail of a participant is visible in the bottom right corner.

Moving forward:

- Hiv Education Programs
- Hiv Community-based Screening
- Active And Functional Local Aids Council
- Full Implementation of RPRH Law
- Strengthening the Comprehensive Sexuality Education (Basic Education)
- Capacity-building (LGBT, Youth)
- Support to Health Programs and Policies

F. Participants' Description

- Eighteen youths age ranges from 18 to 30 years old.
- Members of SCYTAG.
- They attended seminars and trainings that are related to SEX EDUCATION.



G. Activity Description

This was a one-day 3 hours seminar (1 to 4pm) last November 22, 2020 with 21 young men and women participants which age ranges from 18 to 30yrs old.

Sex Education was about human sexuality and understanding sexually transmitted illnesses, Sexual Orientation and Gender Identity Expression (SOGIE), and Adolescent Sexual and Reproductive Health (ASRH). It also incorporates discussion on adolescence and pregnancies, contraception and condoms, sexual savagery avoidance, body picture, personality and sexual orientation, and introduction to sexual behavior.



NIQ GIVE US FOUR SCENARIOS AND LET US ELUCIDATE THEM WITH OUR IDEA

Scenario One: Angela
 Angela is 17 and was the first person from her village to enroll at the Catholic university in the capital. Her family, friends and neighbors were really excited by her achievement and thought she was a standard bearer for the entire community.
 A couple of months after starting senior high, Angela began dating another student, Jeff. After a few weeks, they began to have sex. They used condoms most of the time—but not always. After missing her period, Angela took a pregnancy test that was positive. She now thinks she is 12 weeks pregnant.
 Angela does not want to continue her pregnancy.
 Why should Angela be allowed safe abortion?

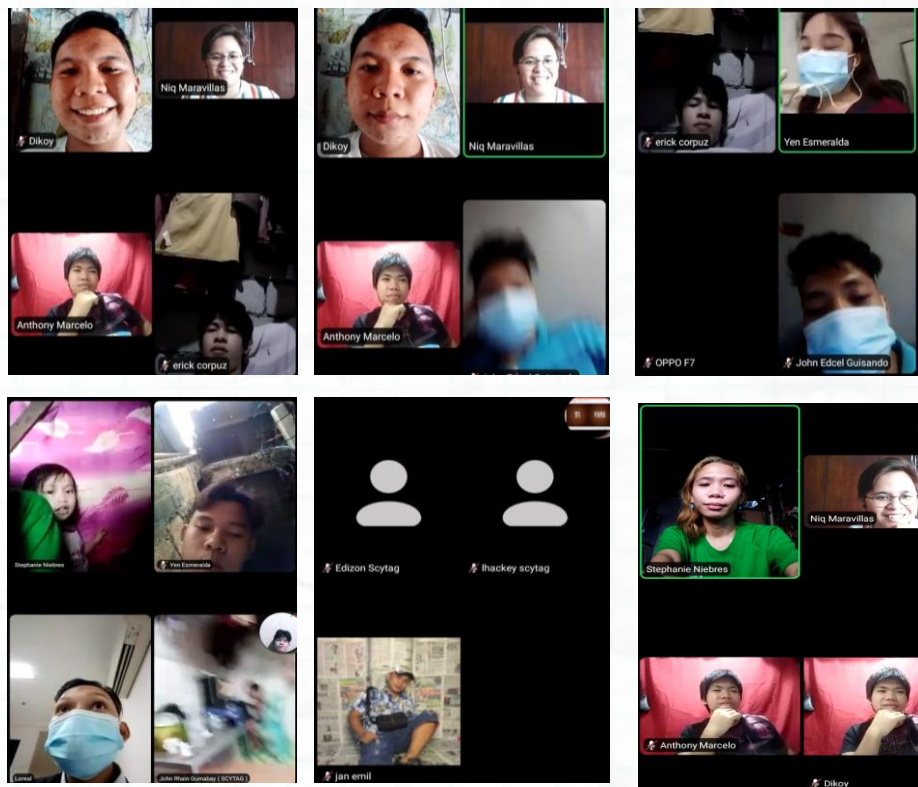
Scenario Two: Esther
 Esther has been married for 15 years. While she loves her husband, it is now more as a friend than a lover. However, she really appreciates how great a father he is to their two daughters. On a recent business trip, Esther met a coworker in the hotel bar after a long, hard day. One thing led to another and they had sex.
 She was horrified when she started to miss her periods but ignored it, thinking perhaps she was unwell. Her doctor has just confirmed that she is eight weeks pregnant. Her husband will know that it is not his and their marriage will be ruined.
 She has decided not to continue her pregnancy.
 Why should Esther be allowed safe abortion?

Scenario Three: ELLA & Gigi
 Ella is a bubbly 9 year old child who wants to become a stewardess someday. She is tall and big for her age and likes to go out and play outdoors. One summertime, her moods changed and would not go out of the house to play. Her eating habits also changed. She was later brought to the hospital after fainting. At the hospital, her mother Gigi was informed that Ella was pregnant. Gigi was surprised because her daughter has yet to reach menarche or first menstruation. Investigations revealed that Ella was raped by her father.
 Gigi in her anger, made sure that her husband is locked behind bars. However, she is still worried about her daughter bearing a child out of incest.
 Ella is under counseling and therapy but still would not want to continue with the pregnancy.
 Both Gigi and Ella agreed that continuing Ella's pregnancy will not be in her best interest.
 Why should Ella be allowed safe abortion?

Scenario Four: Patricia
 Patricia had had a very hard life. She left the family farm 18 years ago and went to the city, hoping that things would improve. Now she is 37 years old and has seven children. Most days, she feels her life is not worth living. Her husband drinks and beats her. He contributes nothing to her welfare, nor their children's. She has a small income from doing laundry.
 After her husband forced her to have sex recently, Patricia thought she might be pregnant but ignored it. Then it became obvious. She tried various herbal methods, but nothing worked. Now, 18 weeks pregnant, Patricia would rather kill herself than continue her pregnancy. A nurse from the local crisis pregnancy center told her that resources are available if she continues the pregnancy and that adoption may also be possible. Patricia is not convinced; she simply does not want to continue with the pregnancy.
 Why should Patricia be allowed safe abortion?

H. Modality of the Training

Online seminar. This arrangement supplanted face-to-face modality while keeping the participatory approach as much as possible. It utilized online activities and exercises that are coherent to the topics.



I. End of Activity Output/s

CONDUCT A CONTINUOUS TRAINING AND SEMINAR on:

- Normal Reproductive Development
- Types of contraception and how to use them
- Sexual Expression Recognizing and Preventing Sexual Violence

II. RESULTS

A. Achievement of Objective (in %)	100% completion rate of all identified objectives.
B. Participants Feedback	The participants said they want to take control of their lives so that they can make critical life choices. This kind of seminar gave the youth the necessary information, consolation, and capacity to oversee their sexual wellbeing throughout life. Society must provide young individuals with genuine and age-appropriate data for them to have good decisions. Youths have to take care of their health and wellbeing. Moreover, advocates must help to address obstructions to sexual wellbeing and health of the youth like inequalities and poverty.
C. Action Points	<p>The participants will share to other youth the significance of sex education, proper use of safe contraceptives, respect for sexual preferences, and taking care of their wellbeing and health.</p> <p>Bear in mind that one of the foremost critical things to consider in planning and giving sex instruction course is that all data should be supported by science.</p>
III. Speakers/ Facilitators	<p>NIQ MARAVILLAS An advocate of Mental Health, Women Empowerment, Reproductive Health, and Gender Equality.</p> <p>You Tube channel: youtube. com/ channel /UCwkwfrvu3RZxyuNdQCSu09vg Fb account: Niq Maravillas https://www.facebook.com/maravillasquenniefaye</p>



NIQ MARAVILLAS
OUR INVITED SPEAKER!

An advocate of Mental Health, Women Empowerment, Reproductive Health and Gender Equality
Yt channel: [youtube.com/channel/UCwkwfrvu3RZxyuNdQCSu09vg](https://www.youtube.com/channel/UCwkwfrvu3RZxyuNdQCSu09vg)
Fb account: Niq Maravillas
<https://www.facebook.com/maravillasquenniefaye>



III. Sentro ha Pagpauswag ha Panginabuhi (SPPI): Reproductive Health and Child's Rights

Activity Completion Report (ACR)

I. IDENTIFYING INFORMATION	
A. Implementing Organization	Sentro ha Pagpauswag ha Panginabuhi Inc.
B. Title	Gender Sensitivity and Child Protection Orientation for Young Men and Women
C. Date	December 28-30, 2020
D. Venue	Brgy. Sawang Multi-Purpose Hall
E. Objectives	<ol style="list-style-type: none"> 1. To mainstream the concept of gender, women's rights and children's right in the community as parts of LNHS community outreach program. 2. To develop gender sensitive young men and women in the community. 3. To raise the awareness of young men and women in the community regarding children's and women's rights particularly in time of new normal situation. 4. To develop campaign materials on children's rights and gender concepts from young people's perspective. 5. To organize the young people in Barangay Sawang as champions of gender issues and concerns as well as children's rights.
F. Participants' Description	Attendees were member of Sawang Youth Organization for Development (SAYOD) and Christian Youth Fellowship (CYF). They are young men and women ages 11 to 20 years old. Three young men and 12 young women.
G. Activity Description	It was a three-day, 24- hour workshop with 15 young men and women participants. The workshops were consisted of inputs regarding gender concepts and principles, laws, decrees and conventions. Also, there was a discussion on PD 603 or the Children's Code of the Philippines and other relevant laws. The participants came-up with Infomercial (Information-Commercial) regarding gender concepts, children's rights and child protection. Different Structured Learning Activities (SLA) like games and artistic or creative ways were used to have interactive participation and presentation of the participants were creative.
H. Modality of the Training	Face to Face with 50% capacity of the venue because the municipality is still under MGCQ.
I. End of Activity Output/s	<ul style="list-style-type: none"> • Gender sensitive young men and women in the community

	<ul style="list-style-type: none"> • Children aware of their rights and responsibilities • ICT materials for gender issues and concerns as well as children's rights • Established partnership between SPPI, ENET, SAYOD and CYF in Brgy. Sawang
J. Highlights	<p>The activity has the following highlights</p> <ul style="list-style-type: none"> • Establishment of partnership between SPPI, ENET and the youth organizations in Brgy. Sawang (community based and church based) • Be able to come up with three infomercials, slogans, pick-up lines as campaign materials for gender issues and concerns as well as the children's rights
II. RESULTS	
A. Achievement of Objective (in %)	100% completion rate of all identified objectives.
B. Participants Feedback	Participants considered the activities fun, relevant, and informative. They also considered the games and activities fun, because they enjoyed it so much like for example the production of their infomercials. It was also relevant for them because they were able to know the salient features of RA 11131 or Anti-Bastos Law, PD. 603 or the Children's Code of the Philippines and RA 9276 or Anti-VAWC (Violence Against Women and Children) law.
C. Action Points	The young men and women committed to become gender sensitive, willing to participate in any action to end VAWC and to promote and protect the rights of all children.
III. Speakers/Facilitators	The Speaker is a human rights advocate with Masteral Units of Social Sciences. She is a Guidance Counsellor Designate of Landusan National High School, a local junior high school institution. Before she works for the Department of Education, she was a community development worker, a human rights activist, and women's rights advocate. She is an individual member of E-Net Philippines, and a founding member of SPPI incorporators as well as member of the Board of Trustees.

PICTORIALS

Day 1 /Day 2 Activities



WORKSHOP PICTORIALS:

Doing the workshop making infomercial, pick-up line for gender sensitivity, and child's rights

